

MENOPAUSE
HEALTH - MATTERS

MENOPAUSE EMPLOYEE
BENEFIT





AYRSHIRE PRIVATE - HEALTHCARE

WHO WE ARE

We are committed to raising awareness of the effects of perimenopause and menopause on women's health and the impact that this can have on quality of life.

We strive to empower women to be more involved in the decision-making process surrounding the care and treatments they receive.

This transformative phase of life can have both immediate and long-term effects on physical, mental and emotional health causing a deterioration in overall wellbeing and self-esteem.

Our hand picked team of menopause specialists will support your employees every step of the way as they navigate their menopausal journey, offering evidence-based information, advice and treatment options uniquely tailored to each individual.

DEDICATED MENOPAUSE SERVICES



GP CONSULTATIONS



CLINICAL PSYCHOLOGY
CONSULTATIONS



BLOOD TESTS

HOW MENOPAUSE AFFECTS BUSINESSES

Menopausal women are, demographically, the fastest growing group of workers in the UK.

According to a recent survey conducted by the Chartered Institute for Personnel and Development (CIPD) there are currently around 4.5 million women aged 50 and over in employment. Despite this there is a distinct lack of support for women in the workplace as they transition through this challenging phase of their life. Irrespective of the size and demographics of your organisation your employees will, in some way be affected by menopause either directly or indirectly.

Many highly skilled, experienced and valuable female employees are either giving up their careers prematurely or are absent from work for long periods of time due to debilitating physical, emotional and psychological symptoms of the menopause. The Office of National Statistics states that 10% of women left their jobs due to menopausal symptoms while 26% took time off work, of which 22% took more than one month off or even longer. Findings released by the UK's leading menopause support app "Balance" show the true cost of the menopause on the country's economy at a staggering £10 billion!

Many firms offer private health insurance as an employee benefit however appointments and treatments associated with the menopause are not covered under these plans as, alarmingly, private health insurance companies don't consider the menopause to be "serious".

Many younger women are also affected by menopausal symptoms due to premature ovarian insufficiency or surgical menopause caused by cancer treatments or hysterectomy. Men too can also be significantly affected by the menopause whether through personal experience with a partner or through difficulties within the workplace with female colleagues.



HOW WE CAN HELP?

Menopause Health Matters is Scotland's dedicated private menopause clinic based in Ayrshire. We offer generous 50 minute consultations with doctors who specialise in menopause and HRT prescribing. (Hormone Replacement Therapy) This allows patients the time needed to thoroughly discuss their symptoms and medical history in detail exploring their thoughts, concerns and treatment plans.

We can organise prescriptions quickly through our affiliated online pharmacy with delivery of any medications directly to your employee's home address. We can also offer blood tests with quick results and access to help and support throughout your employee's menopausal journey.

In addition we can arrange consultations and therapy with our clinical psychologist who specialises in the emotional and mental health issues often experienced by women during the menopause due to hormonal imbalance.

WHY CHOOSE MENOPAUSE HEALTH MATTERS?

- Easy booking process with fast access to appointments
- Personalised care with highly skilled professionals who can dedicate time to understand and treat individual needs
- Improved employee retention and absence resulting in a reduction in your hiring, onboarding and training expenses
- Enhanced business reputation by demonstrating a considerate and caring approach towards employees
- Improved employee productivity through increased wellness
- Preferential corporate rates for all appointments

HOW YOU CAN REALLY MAKE A DIFFERENCE?

Many businesses are busy working on menopause policies for the workplace and whilst this is an encouraging step in the right direction it doesn't address the root of the problem which is getting women the appropriate medical care and treatment needed to support them through their menopausal journey.

Partner with Menopause Health Matters to offer this help as an amazing employee benefit and secure 10% off the cost of all consultation appointments for your employees. Minimize time taken off work and retain highly experienced and valuable members of your team.

CORPORATE PRICE LIST

SERVICE	DURATION	PRICE
GP Consultation	50 Minutes	£225.00
GP Follow Up Consultation	20 Minutes	£135.00
Clinical Psychology Initial Assessment	75 Minutes	£240.00
Clinical Psychology Therapy Session	50 Minutes	£180.00
Blood Tests	Individually priced depending on test type and whether taken in clinic or by mobile nurse service	FROM £60.00
Prescriptions	Medications privately prescribed by our doctors are payable directly to our affiliated online pharmacy and delivered directly to your employee's home address.	£POA

HELPING YOU WITH CHANGE

For further information on our Menopause Employee Benefit scheme or to discuss further how our services can help your staff and business to thrive, please email:

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Regulated by:

